



Quarter for Life 5K Fun Run and Walk

"Race to safe life"



REGISTRATION FORM

REGISTRATION DEADLINE DATES

Mail Registration Deadline	July 27th
Online Registration Deadline	July 30th

RACE DAY SCHEDULE - August 1st

Packet Pick-Up and Registration on Race Day	6:30 to 7:50 am
Start of 5k Run & Walk (this will be a timed event)	8:00 am
Awards Ceremony on Monument Circle	9:30 am

REGISTRATION INFORMATION (Children 10 and under are free)

First Name Last Name

Street Address

City State Zip Code

Day Telephone Number Evening Telephone Number

Email Address

Sex: Male Female Age on Race Day: _____

Select Shirt Size* (circle): S M L XL

*shirt sizes are not guaranteed

Entry Fee:

- £ \$20 registration by July 27
- £ \$25 registration on August 1st
- I have included an additional donation of \$_____

Payment Method: Check (payable to IREM) Visa MasterCard Cash (race day registration only)

Credit Card No. _____ Exp Date _____ Name on Card _____

Signature: _____ Today's Date: _____

Waiver and Release: Must be signed to participate:

I have read the accompanying event information and understand the policies of the event. I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I also know that while police protection will be provided, there may be traffic on the course. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE AND DISCHARGE Standing O Promotions, LLC., Ken Long and Associates, ISO, race officials, workers or volunteers, their representatives, successors or assigns for ANY AND ALL claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsors, organizers, and/or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.

Name _____ Date _____

signature of parent/guardian if entrant is under 18

I understand and agree to the terms contained in the disclaimer above.

Yes _____ No _____

Register by Mail to:

Quarter for Life 5K
 c/o Standing O Promotions
 6919 Caribou Drive
 Indianapolis, IN 46278

For More Information:

todd@standingopromotions.com
 317-407-8489

ORGANIZED BY:

